

INTERDEM Taskforce Prevention meeting AEC 2025 – October 6th, Bologna

On Monday, October 6th, the annual INTERDEM Taskforce Prevention meeting took place during the Alzheimer Europe Conference. Kay welcomed everybody and started with a brief reflection on past events and activities. These included the INTERDEM spotlight webinar and Taskforce webinar, but also new developments in the field such as the results of the U.S. Pointer study, and the update of the WHO guidelines on risk reduction (with Sebastian Köhler as co-chair, any other TF-members involved).

After the welcome and updates, two presentations were given on current projects on dementia risk reduction. The first presentation was held by Prof. dr. Jacqueline (Jackie) Parkes. In her presentation, Jacqueline presented the co-design of a youth led programme for advocating local communities (e.g., schools) about positive brain health.



Within this programme, seven youth health champions were trained (age between 14-16 years), who were elected by peers. One project comprised the development of radio shows. In total, four radio shows were produced (Radio Lewisham). See the slides for more information.

The second presentation was given by Dr. Rikke Gregersen, who presented her work on the project "PreventDementia" in which a

feasibility study was performed based on the FINGER protocol. PreventDementia is the first multidomain project in Denmark with the aim to improve cognitive health in Danes at risk. See the slides for more information.

After the presentations Felix Wittmann briefly mentioned the collaboration between SPIN-D and the INTERDEM Taskforce Prevention.



On November 13th an online meeting (e.g., discuss research interests, writing projects together) will be held and everyone of the Taskforce is welcome to participate.

Do you have interesting new publications which you would like to share or are you interested to present during one of the Taskforce Prevention meetings? Please let Kay and Niels know.