



INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

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NAME: Marike de Boer

TITLE: Dr.

PROFESSIONAL GROUPING: -

WORK ADDRESS: Amsterdam UMC, location VUMC
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PRESENT POSITION (e.g. Director of.....): Senior researcher

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.): PHD

YEAR OF PHD QUALIFICATION: 2011

PROFILE OF MEMBER:

As a Senior Researcher at the Department of Medicine for Older People, Amsterdam UMC, I conduct research primarily within the University Network of Care for Older People (UNO) Amsterdam. UNO Amsterdam is a collaborative network that bridges science and practice by bringing together the department and 24 Dutch healthcare organizations providing home care and long-term care services.

My PhD research focused on advance directives in dementia care — an empirical-ethical study exploring how advance directives are managed in practice and how people with dementia, particularly those with Alzheimer's disease, value their situation.

I also contributed to and co-authored a white paper on palliative care in dementia, which presents the recommendations of the European Association for Palliative Care (EAPC). In addition, I am a member of the Network to Advance Research on End of Life with Dementia (NEAR-END).

Currently, my research is primarily embedded within the research line "*Care for Frail Older People in Their Last Years of Life*". I also supervise PhD candidates on the qualitative components of their studies addressing broader topics within elderly care.

AREAS OF EXPERTISE:

- Euthanasia in dementia
- Decision making with people with decreasing decision making abilities
- Palliative and end of life care in people with dementia and other brain diseases
- Problem behaviour in people with dementia
- Qualitative research methods

KEY PUBLICATIONS (Maximum 5):

- **de Boer ME**, Coers DO, Sizoo EM, Ten Bokkel Huinink DMJ, Leget CJW, Hertogh CMPM; DALT project group. Seeking consensus on dilemmas related to euthanasia in dementia based on an advance directive: a Delphi study from a medical, ethical and legal perspective. *J Med Ethics*. 2025 Aug 20;51(9):593-602. doi: 10.1136/jme-2024-110276. PMID: 39875186; PMCID: PMC12418533.

- Coers DO, Sizoo EM, Bloemen M, **de Boer ME**, van der Heide A, Hertogh CMPM, Leget CJW, Hoekstra T, Smalbrugge M. Navigating Dilemmas on Advance Euthanasia Directives of Patients with Advanced Dementia. *J Am Med Dir Assoc*. 2024 Dec;25(12):105300. doi: 10.1016/j.jamda.2024.105300. Epub 2024 Oct 10. PMID: 39396808.

- Albers CAW, Wieland-Jorna Y, de Bruijne MC, Smalbrugge M, Joling KJ, **de Boer ME**. Enhancing Standardized and Structured Recording by Elderly Care Physicians for Reusing Electronic Health Record Data: Interview Study. *JMIR Med Inform*. 2024 Dec 13;12:e63710. doi: 10.2196/63710. PMID: 39671580; PMCID: PMC11681280.

- **de Boer ME**, Depla MFIA, den Breejen M, Slottje P, Onwuteaka-Philipsen BD, Hertogh CMPM. Pressure in dealing with requests for euthanasia or assisted suicide. Experiences of general practitioners. *J Med Ethics*. 2019 Jul;45(7):425-429. doi: 10.1136/medethics-2018-105120. Epub 2019 May 15. PMID: 31092632.

- van der Steen JT, Radbruch L, Hertogh CM, **de Boer ME**, Hughes JC, Larkin P, Francke AL, Jünger S, Gove D, Firth P, Koopmans RT, Volicer L; European Association for Palliative Care (EAPC). White paper defining optimal palliative care in older people with dementia: a Delphi study and recommendations from the European Association for Palliative Care. *Palliat Med*. 2014 Mar;28(3):197-209. doi: 10.1177/0269216313493685. Epub 2013 Jul 4. PMID: 23828874.

RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of Investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or completed date.

Grants awarded and PHD projects I supervise (only larger projects) :

Main applicants	My role	Years	Title of (sub)project	Awarding Agency
Cees Hertogh & Eefje Sizoo	Co-applicant and co-supervisor of PHD student	2023-2026	INCLUIS: Inclusive decision making in nursing homes	ZonMW
Cees Hertogh & Anouk van Loon	Co-applicant and co-supervisor of 2 PHD-students	2021-2027	BRAIN: Altered awareness and challenging behavior in different brain disorders: the missing link	ZonMw
Ineke Gerridzen	Co-supervisor of PHD student	2023-2027	Guidance patterns of care professionals working in long-term care for people with Korsakoff's syndrome	KKC (Korsakov Knowledge Centre)
Cees Hertogh & Marieke de Boer	Project leader, co-applicant and co supervisor of PHD student	2019-2025	DALT – Euthanasia in patients with advanced dementia and an advance euthanasia directive	ZonMW
Anouk van Loon	Co-supervisor of PHD student	2024-2029	Care: Supporting nurse aides and nursing assistants working with nursing home residents with a form of dementia and challenging behavior.	Collaborative partnership between Department of Medicine of Older People and three long-term care organizations (members of UNO Amsterdam)

CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

My current research interests focus on complex decision-making processes involving people with decision-making disabilities, as well as on supporting physicians and other health-care professionals in optimizing care for older adults in the last years of life. To achieve these research objectives, I intend to include residents, patients, and people with conditions such as dementia, Korsakoff's syndrome, or Huntington's disease, alongside their family members and the health-care professionals involved.

For an overview of the current projects I am involved in, see the table above.

HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM:

As a Senior Researcher at the Department of Medicine for Older People at Amsterdam UMC, I intend to contribute to INTERDEM by fostering collaboration between empirical, ethical, and practice-based research on decision-making and care for people with dementia and other brain disorders. My experience with collaborating networks at the national level — such as SANO (Collaborating Academic Networks on Elderly Care) and NEAR-END (Network to Advance Research on End of Life with Dementia) — has strengthened my belief in the value and impact of interdisciplinary collaboration. Within INTERDEM, I aim to contribute to cross-national research initiatives and to participate actively in relevant special interest groups.