**EMMA HARDING, BSC(HONS), PHD**

Dementia Research Centre, UCL Queen Square Institute of Neurology,

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**RESEARCH INTERESTS:**

* The lived experiences and needs of people living with rare and young onset dementias
* The adaptation and application of psychological therapies and interventions for people living with dementia

**EDUCATION:**

2021-2023 **PGDip Counselling & Psychotherapy – University of East London**

2015-2020 **PhD – UCL Queen Square Institute of Neurology**

Thesis title: “I’m still that person in there but I can’t make it work” – Capturing the day-to-day impacts of a diagnosis of posterior cortical atrophy

Supervisors: Prof Sebastian Crutch and Prof Mary Pat Sullivan

2008-2011 **BSc Psychology (First) – Royal Holloway, University of London**

**PROFESSIONAL APPOINTMENTS:**

2023-present **UCL Queen Square Institute of Neurology & Division of Psychology and Language Sciences**

**NIHR funded ‘Psychosocial support for people affected by Genetic and Non-Memory Led Dementias: developing digital provision and understanding the role of existing TALKing therapy services (GNMLD-TALK).’**

Research Fellow

2021-present **UCLH NHS Foundation Trust**

Highly Specialist Counsellor/Psychotherapist

2020-present **UCL Queen Square Institute of Neurology**

**ESRC-NIHR funded ‘Rare Dementia Support Impact Study: The impact of multicomponent support groups for those living with rare dementias.’**

Research Fellow

2016-present **UCL Queen Square Institute of Neurology** **– Rare Dementia Support**

National Posterior Cortical Atrophy Support Group Co-Lead

2015-2019 **UCL Queen Square Institute of Neurology**

**ESRC-NIHR funded ‘Seeing What They See: compensating for cortical visual dysfunction in Alzheimer’s disease.’**

Research Assistant

**FUNDING & AWARDS (SELECTED):**

2022 **NIHR Programme Grants for Applied Research (PGfAR)**

*‘Psychosocial support for people affected by Genetic and Non-Memory Led Dementias: developing digital provision and understanding the role of existing TALKing therapy services (GNMLD-TALK)’*. (£1,892,793.00) (named researcher and work package lead)

2021 **ESRC Postdoctoral Fellowship Award**

‘Exploring and supporting everyday life with a rare dementia – understanding symptoms, developing strategies and sharing stories’. (£103,351.93) (PI)

2021 **University of East London Postgraduate Scholarship** (£4400) (PI)

2021 **The National Brain Appeal training bursary** to fund PGDip Integrative Psychotherapy and Counselling at University of East London (£4400) (PI)

2019 **ESRC Festival of Social Science** funding (£645) (Co-I)

2018 **UCL Collaborative Social Science Domain Award** (£4000) (Co-I)

**PUBLICATIONS & PRESENTATIONS (SELECTED):**

**PUBLICATIONS**

* **Harding, E.,** Rossi-Harries, S., Gerritzen, E.V., Zimmermann, N., Hoare, Z., Proctor, D., Brotherhood, E., Crutch, S.J. & Suarez-Gonzalez, A. “I felt like I had been put on the shelf and forgotten about” – lasting lessons from the COVID-19 lockdown from carers and people living with non-memory-led and inherited dementias in the UK. *BMC Geriatrics* (in press).
* Rapley, J.M., Camic, P.M., Brotherhood, E., Crutch, S.J., & **Harding, E.** Video-conferencing peer support and rarer forms of dementia: An exploration of informal carers’ positive experiences. *Qualitative Health Research* (in press).
* **Harding, E**., Rossi-Harries, S., Alterkawi, S., Waddington, C., Grillo, A., Wood, O., ... & Crutch, S. J. (2023). [‘The oxygen of shared experience’: exploring social support processes within peer support groups for carers of people with non-memory-led and inherited dementias](https://iris.ucl.ac.uk/iris/publication/2013572/28). *Aging & Mental Health,* 1-17.
* Stevens -Neck, R., Walton, J., Alterkawi, S., Brotherhood, E.V., Camic, P.M., Crutch, S.J., Gerritzen, E.V., **Harding, E**., McKee-Jackson, R., Rossi-Harries, S., Street, R.E., van der Byl Williams, M., Waddington, C., Wood, O.K., & Moore, K.J. (2023). [A mixed methods evaluation of a program exploring predeath grief and loss for carers of people with rarer dementias](https://iris.ucl.ac.uk/iris/publication/2015804/1). *International Psychogeriatrics*. doi:10.1017/S1041610223000236
* Yong, K.X.X., Graff-Radford, J., Ahmed, S., Chapleau, M., Ossenkoppele, R., Putcha, D., Rabinovici GD, Suarez-Gonzalez A, Schott JM, Crutch S, **Harding E**. (2023). [Diagnosis and Management of Posterior Cortical Atrophy.](https://iris.ucl.ac.uk/iris/publication/2005846/28) *Current Treatment Options in Neurology*, 25 23-43. doi:10.1007/s11940-022-00745-0
* **Harding, E**., Robinson, P., Wilson, J., Crutch, S. J., & Mummery, C. J. (2021). [Injections of hope: supporting participants in clinical trials](https://discovery.ucl.ac.uk/id/eprint/10143361/1/Wilson_Injections%20of%20Hope%20EH_CJM%20221121%20FINAL.pdf). *BMJ*, *375*.
* **Harding, E**., Sullivan, M. P., Yong, K. X. X., & Crutch, S. J. (2021). [Into the ordinary: Lessons learned from a mixed-methods study in the homes of people living with dementia](https://psycnet.apa.org/doiLanding?doi=10.1037%2F0000252-012). In P. M. Camic (Ed.), Qualitative research in psychology: Expanding perspectives in methodology and design (pp. 235–262). American Psychological Association.
* Suárez-González, A., Zimmermann, N., Waddington, C., Wood, O., **Harding, E**., Brotherhood, E., ... & Crutch, S. J. (2020). [Non-memory led dementias: care in the time of covid-19](https://www.bmj.com/content/369/bmj.m2489). *BMJ*, 369.
* **Harding, E.,** Sullivan, M. P., Woodbridge, R., Yong, K. X., McIntyre, A., Gilhooly, M. L., ... & Crutch, S. J. (2018). ‘[Because my brain isn’t as active as it should be, my eyes don’t always see’: a qualitative exploration of the stress process for those living with posterior cortical atrophy](https://bmjopen.bmj.com/content/8/2/e018663). *BMJ open, 8*(2), e018663.
* Gilhooly, K. J., Gilhooly, M. L., Sullivan, M. P., McIntyre, A., Wilson, L., **Harding, E**., ... & Crutch, S. (2016). [A meta-review of stress, coping and interventions in dementia and dementia caregiving](https://bmcgeriatr.biomedcentral.com/articles/10.1186/s12877-016-0280-8?report=reader). *BMC geriatrics, 16*(1), 1-8.

**PRESENTATIONS**

2023 **FTD-UK – London, UK**

 ‘Psychosocial interventions to support people affected by FTD’

2023 **UCL Rare Dementia Support PCA Annual Conference** – London, UK

 ‘Tailoring Psychological Support for people affected by PCA’

2022 **Liverpool Dementia and Ageing Forum 4th Annual Conference**

Oral presentation: ‘The Oxygen of Shared Experience’ – Understanding the value of peer support for people affected by rare and young onset dementias

2022 **Young Onset Alzheimer’s Disease National Support Group Webinar** – Rare Dementia Support [online] ‘Psychological Impacts in YOAD – a family perspective’

2022 **DemiQual International Network Spring meeting** [online]

“I’m still that person in there but I can’t make it work”: exploring the day-to-day impacts of a diagnosis of Posterior Cortical Atrophy.

2020 **British Society of Gerontology Creative Ageing Special Interest Group symposium**

Oral presentation: [Creative approaches to person-centred care and support for people with rare dementias](https://www.youtube.com/watch?v=S-trW0PF880&t=7s)

2020 **Young-Onset Dementia: Online Knowledge Exchange Event, Nipissing University (Canada)**

 Oral presentation: [Day-to-day impacts of a rare dementia diagnosis](https://www.youtube.com/watch?v=cSJ5FWcLvTA&list=PLf1AQLDjjyid8csPa3aAocnS2KhNt-gaD&index=5)

2020 **Demedarts: Educating Empathy – Caring for Dementia Symposium**

Oral presentation: [Blue Routes – a drawing based method for people affected by rare dementias](https://en.demedarts.com/symposium20ondemand)

**TEACHING & SUPERVISION (SELECTED):**

2022 - Secondary PhD supervisor – Olivia Wood

Project title: *More Than Words: Exploring the value of creative participatory approaches for people living with rare dementias*

2022 - Thesis Committee member – Claire Waddington

Project title: *Understanding the experience of living losses and developing support for people diagnosed with rare and young onset dementias*

2022 In2Research placement host – Nasifah Akhtar

This scheme aims to improve access to postgraduate research degrees and careers for people from low socioeconomic backgrounds.

2021 - DClinPsy trainee placement students in UCLH Cognitive Disorders Psychology Service:

 Ishshah Marinker (University of East London)

 Anastasia Tsipa (UCL)

 Bianca Nardini (University of East London)

 Charlotte Beames (UCL)

 Molly Sharp (UCL)

 Arshia Choudhury (Royal Holloway University of London)

2020 - 2022 Co-supervision of DISTINCT (Dementia: Intersectorial Strategy for Training and Innovation Network for Current Technology) Network PhD student on secondment to UCL Queen Square Institute of Neurology from University of Nottingham.

 Project title: *Improving peer support for people with young onset dementia (YOD)*

2021 - 2022 MSc Clinical Neuroscience Primary supervisor – Jessica Rapley

 Project title: *Exploring informal carers’ positive experiences and the impact of peer support groups on wellbeing using mixed methods.* (\*Distinction)

2021 - 2022 MSc Clinical Neuroscience Primary supervisor – Lara Bakarat

 Project title: *The 7 Stages of Primary Progressive Aphasia* (\*Distinction)

2021 - 2022 MSc Psychological Sciences Primary supervisor – Rose Stevens-Neck

Project title: *A mixed methods evaluation of a programme exploring grief and loss for carers of people with rare dementia.* (\*Distinction)

2021 - 2022 MSc Psychological Sciences Primary supervisor – Shaima Alterkawi

 Project title: *How creative activities impact emotional processing of pre-death grief in carers of people living with rare dementia: a qualitative study.* (\*Distinction)

2021 - 2022 University of Lancaster MA Human Resources and Consultancy Secondary supervisor – Stuart Bowler

 Project title: *Understanding the processes of knowledge transmission through the not-for-profit organisation Rare Dementia Support.* (\*Distinction)

**PUBLIC ENGAGEMENT (SELECTED):**

2018-2020 **Film: Supernova – directed by Harry Macqueen, starring Colin Firth and Stanley Tucci**

Scientific advisor

2018 **Vicky McClure’s ‘Our Dementia Choir’ – BBC One**

Scientific advisor

2015-2020 **PCA support Group – Rare Dementia Support (Co-Lead)**

Responsibilities included planning, co-ordinating and co-chairing [national meetings and webinars](https://www.youtube.com/watch?v=0PQf44uAw2g&t=3401s)

**REFEREES:**

**Prof. Sebastian Crutch**

Clinical and Research Neuropsychologist

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**Prof. Mary Pat Sullivan**

Professor of Social Gerontology and Gerontological Social Work

Director of Social Work, Faculty of Applied & Professional Studies, School of Human and Social Development Nipissing University, North Bay, ON, Canada

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