



INTERDEM MEMBERS – BRIEF CURRICULUM VITAE



NAME:

Teake P. Ettema

TITLE:

Dr.

PROFESIONAL GROUPING:

Department of Psychiatry

WORK ADDRESS:

Locatie VUmc | GGZ inGeest, kamer H3.08
Oldenaller 1, Postbus 74077
1070BB Amsterdam

TEL. WORK/WORK MOBILE:

+31 205774638 / +31 655344516

EMAIL ADDRESS:

t.ettema@vumc.nl

WEBLINK:

www.amsterdamumc.nl | www.vumc.nl

PRESENT POSITION (e.g. Director of):

Senior Researcher at VUmc

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.):

PhD

PROFILE OF MEMBER:

Teake Ettema began his career in dementia care thirty years ago as a certified nursing assistant in one of the first group home facilities for persons with dementia in the Netherlands: the Anton Pieckhofje (part of the care organization Kennemerhart). During these years he started to study psychology (part-time) at the University of Amsterdam. He graduated cum laude (2001) within the department of Psychological Methods.

From 1997 until 1999 he worked as a research assistant at the VUmc for the study into the effects of emotion oriented care on persons with dementia and their caregivers under supervision of R.M. Dröes.

In 2000 he returned to the care organization Kennemerhart where he worked on several projects. Among these are:

- the transition of a traditional nursing home to a group home facility for persons with dementia,
- the implementation of a system for systematic monitoring of quality of care,
- the implementation of electronic patient files,
- advising the board on diverse subjects related to quality of care,
- supporting the participation of clients and their informal caregivers in their right of say within the care organization.

Between 2001 and 2005 he combined his work at Kennemerhart with a part time position as junior researcher with the VUmc. In these years he developed the Qualidem: a dementia specific measure for quality of life in residential settings, which resulted in successfully defending his PhD thesis in 2007.

Until August 2019 he continued his work with Kennemerhart. His latest position was Coordinator Innovation and Research.

In September 2019 Teake returned to the VUmc as senior researcher.

AREAS OF EXPERTISE:

- Quality of life of persons with dementia
- Quality of care in nursing homes
- Research methodology
- Psychometrics

KEY PUBLICATIONS (Max. 5):

Ettema, T. P., Dröes, R. M., De Lange, J., Mellenbergh, G. J., and Ribbe, M. W. (2007). QUALIDEM: Development and evaluation of a Dementia-specific Quality of Life Instrument.: Validation. *International Journal of Geriatric Psychiatry*. 22, 424-430.

Ettema, T. P., Dröes, R. M., De Lange, J., Mellenbergh, G. J., and Ribbe, M. W. (2007). QUALIDEM: Development and evaluation of a Dementia Specific Quality of Life Instrument. Scalability, Reliability and Internal Structure. *International Journal of Geriatric Psychiatry*. 22, 549-556.

Ettema, T. P., Hensen, E., De Lange, J., Dröes, R. M., Mellenbergh, G. J. and Ribbe, M. W. (2007) Self report on Quality of life in dementia with modified COOP/WONCA Charts. *Aging and Mental Health*, 11, 734-742.

Ettema, T. P., Dröes, R. M., De Lange, J., Ooms, M. E., Mellenbergh, G. J. and Ribbe, M. W. (2005). The concept of quality of life in dementia in the different stages of the disease. *International Psychogeriatrics*, 17, 353-370.

Ettema, T. P., Dröes, R.-M., Lange, J. d., Mellenbergh, G. J. and Ribbe, M. W. (2005). A review of quality of life instruments used in dementia. *Quality of Life Research*, 14, 675-686.

RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or completed date.

None (the past five years I did not work as researcher).

CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

Teake provides daily supervision to the early stage researchers working within the DISTINCT project on the following studies:

- FindMyApps; Cost and effectiveness evaluation of Find-MyApps, a tool to find usable apps for self-management and social participation

- Evaluation of the effectiveness of a person-centred touch-screen based photo-activity for social participation in people with advanced dementia.

HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM:

Over the past thirty years I have dedicated most of my work in both practice and research to improve the quality of life of persons with dementia. My present position as senior researcher provides the opportunity to collaborate nationally and internationally with other researchers in the field. I sincerely believe that with my experience from practice and research I can contribute to dissemination of good practices for persons with dementia.