

INTERDEM MEMBERS – BRIEF CURRICULUM VITAE



NAME: Hanne Mette Ridder

TITLE: Professor

PROFESSIONAL GROUPING: Music therapy

WORK ADDRESS: Aalborg University, Department of Communication and Psychology, Musikkens Hus, Rendsburggade 14, 9000 Aalborg, Denmark

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PRESENT POSITION: Director of the Doctoral Programme in Music Therapy, www.mt-phd.aau.dk

HIGHEST ACADEMIC QUALIFICATION: PhD (ORCID: 0000-0002-3204-5997)

PROFILE OF MEMBER: Professor and Head of the Doctoral Programme in Music Therapy at Aalborg University. MA in music therapy and approved clinical music therapy supervisor. Received PhD from Aalborg University in 2003. President of the European Music Therapy Confederation (EMTC) 2011-2016. Research focus is on music therapy and psychosocial methods in gerontology and dementia care. Has presented widely at international conferences and lectured at a large number of music therapy training courses. Serves at advisory editorial boards for The Nordic Journal of Music Therapy, Approaches and Music & Medicine and has authored and co-authored many book chapters and refereed journal articles.

AREAS OF EXPERTISE: Music therapy research, singing, improvising and other person centred approaches, practice development in nursing homes, training of caregivers, psychosocial interventions for reducing agitation and psychotropic medication, outcome measures, practice-based research methodology.

KEY PUBLICATIONS (Maximum 5):

Ridder, H. M. (*in press*). How music and social engagement provides healthy aging and prevents behavioural and psychological symptoms of dementia. I L. O. Bonde, & T. Theorell (red.), *Music and Public Health: A Nordic Perspective*. Springer.

McDermott, O., Orrell, M., & Ridder, H. M. O. (2015). The development of Music in Dementia Assessment Scales (MiDAS). *Nordic Journal of Music Therapy*, 24(3), 232-251. 10.1080/08098131.2014.907333

Ridder, H. M., & Wheeler, B. (2015). Music Therapy for Older Adults. I B. Wheeler (red.), *Music Therapy Handbook*. Guilford Publications, Incorporated.

Ridder, H. M., Stige, B., Qvale, L. G., & Gold, C. (2013). Individual Music Therapy for Agitation in Dementia: An Exploratory Randomized Controlled Trial. *Aging & Mental Health*, 17(6), 667-678. 10.1080/13607863.2013.790926

Ridder, H. M. (2011). How can singing in music therapy influence social engagement for people with dementia?: Insights from the polyvagal theory. In F. Baker, & S. Uhlig (Eds.), *Voicework in Music Therapy: Research and Practice*. (pp. 130-146). London: Jessica Kingsley Publishers.

RELEVANT RESEARCH ACTIVITY:

Wigram, Bonde, Pedersen, Holck, Hannibal, Ridder (2010). Mobility stipendiate for the Doctoral Programme in Music Therapy, Aalborg University. Danish Research Council, FKK: 11,000,000 DKK (1,070,000 GBP)

Ridder, McDermott, Madsen & Anderson-Ingstrup (2015). Person Attuned Musical Interaction in Dementia Care. The Velux Foundations. Human science research: 5,700,000 DKK (552,330 GBP)