

INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

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NAME: Karlijn Joling

TITLE: Dr

PROFESSIONAL GROUPING: Research

WORK ADDRESS:

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PRESENT POSITION (e.g. Director of.....): Postdoctoral researcher

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.): PhD

PROFILE OF MEMBER:

I am a health scientist and epidemiologist and currently working as a senior researcher at VUmc-EMGO. My PhD thesis (obtained in 2012) focussed on depression and anxiety in family caregivers of persons with dementia. A large part of this work involved the evaluation of the (cost-) effectiveness of a family meetings intervention for family caregivers of persons with dementia on the prevention of depression and anxiety. After finishing my thesis, I combined my research work with policy work at the VUmc Alzheimer Centre where I was involved in the development of the Dutch national strategy for dementia "Deltaplan Dementia". I am currently involved in several research projects with a focus on dementia care in community and nursing home settings, informal care, resilience, and evaluation of quality and cost of dementia care (see current research interests/ongoing projects).

AREAS OF EXPERTISE:

Main expertise in quantitative data-analyses. Experience with evaluating the effectiveness and cost-effectiveness of complex interventions, and conducting observational research to analyse prevalence, incidence, risk profiles and diagnostic accuracy. Research involves primary care and long term care settings, mainly focussed on persons with dementia and their informal caregivers.

KEY PUBLICATIONS (Maximum 5):

Joling KJ, Schöpe J, van Hout HP, van Marwijk HW, van der Horst HE, Bosmans JE. Predictors of Societal Costs in Dementia Patients and Their Informal Caregivers: A Two-Year Prospective Cohort Study. *Am J Geriatr Psychiatry*. 2015 Jun 25. [Epub ahead of print]

Joling KJ, van Marwijk HW, Veldhuijzen AE, van der Horst HE, Scheltens P, Smit F, van Hout HP. The Two-Year Incidence of Depression and Anxiety Disorders in Spousal Caregivers of Persons with Dementia: Who is at the Greatest Risk? *Am J Geriatr Psychiatry*. 2014 May 20. pii: S1064-7481(14)00146-8. doi: 10.1016/j.jagp.2014.05.005. [Epub ahead of print].

Joling KJ, van Hout HP, Schellevis FG, van der Horst HE, Scheltens P, Knol DL, van Marwijk HW. Incidence of depression and anxiety in spouses of demented patients: a naturalistic cohort study of recorded morbidity with a 6-year follow-up. *Am J Ger Psych* 2009;18(2):146-53

Joling KJ, van Marwijk HW, van der Horst HE, Scheltens P, van de Ven PM, Appels BA, van Hout HP. Effectiveness of family meetings for family caregivers on delaying time to nursing home placement of dementia patients: a randomized trial. *PLoS One*. 2012;7(8):e42145

Joling KJ, van Marwijk HW, Smit F, van der Horst HE, Scheltens P, van de Ven PM, Mittelman MS, van Hout HP. Does a family meetings intervention prevent depression and anxiety in family caregivers of dementia patients? A randomized trial. *PLoS One* 2012;7(1):e30936

RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of Investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or completed date.

- Identifying best practices in dementia care trajectories. ZonMw, 2015-2018, (main applicant and lead investigator) with Hein van Hout, Anneke Francke, Robert Verheij.
- The functional status and quality of life of patients with Korsakoff syndrome living in long-term care facilities. Pieter van Foreest Stichting, SBOH, VUmc, Atlant Zorggroep, 2014-2019 (project leader) with Ineke Gerridzen, Cees Hertogh, Els Verschuur, Ruth Veenhuizen.
- Delirium superimposed on dementia. SBOH, ViVa! Zorggroep, GGZ Dijk&Duin, VUmc (project leader) with Cees Hertogh, Letty Oudewortel, Pim van Gool.
- Effects on quality of life and family caregiving experiences by the Namaste Care Family program for advanced dementia. ZonMw, 2014-2019, with Jenny van der Steen (project leader), Anneke Francke.
- Resilience in dementia caregiving, fellowship project, Alzheimer Nederland, sept 2014-feb 2015 (main applicant and lead investigator) with Gill Windle, Bob Woods, Rose-Marie Dröes.

PhD and other projects

- PhD thesis: Depression and anxiety in family caregivers of persons with dementia. VU University Amsterdam, April 2, 2012. Supervisors: Dr Hein van Hout, Prof dr Harm van Marwijk, Prof dr Henriette van der Horst, Prof dr Philip Scheltens.

Involved in:

- COMPAS project. Evaluation of the (cost-)effectiveness of case management care models for people with dementia and their caregivers versus usual care in The Netherlands. ZonMw. Finished in 2015 (lead investigator: Hein van Hout, PhD student: Janet MacNeil Vroomen)
- IBENC. Identifying best practices for care-dependent elderly by benchmarking costs and outcomes of community care. EU FP7. 2013-2017 (lead investigators: Hein van Hout, Henriette van der Roest)

CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

Since 2015, I am leading a project that aims to identify best practices in dementia care trajectories by extracting and linking data on the quality and cost of care from routine care registries. Besides, I supervise research on 1) functioning and quality of life in nursing home residents with Korsakoff dementia, 2) the relation and interplay between dementia and delirium, and 3) the evaluation of the Namaste family care program that aims to increase quality of life and comfort in persons with advanced dementia by loving touch, presence of others, and engaging people in meaningful activities. Furthermore, I am working on resilience in family caregivers of persons with dementia.