INTERDEM MEMBERS – BRIEF CURRICULUM VITAE

NAME: Christian Gold

TITLE: Prof.

PROFESSIONAL GROUPING: Music Therapist

WORK ADDRESS: GAMUT - The Grieg Academy Music Therapy Research Centre, NORCE Norwegian Research Centre AS, Lars Hilles gate 3, 5015 Bergen, Norway

TEL. WORK/WORK MOBILE: +47-97501757

EMAIL ADDRESS: chgo@norceresearch.no

WEBLINK: https://people.uib.no/cgo022/

PRESENT POSITION (e.g. Director of ……): Principal Researcher

HIGHEST ACADEMIC QUALIFICATION (e.g. PhD, MD etc.): PhD

PROFILE OF MEMBER:

I am a Principal Researcher at GAMUT, NORCE Norwegian Research Centre, Bergen, Norway, Adjunct Professor at the University of Bergen and at Aalborg University, Denmark, and Professorial Research Fellow at the University of Vienna. I serve as an Editor of the Cochrane Developmental, Psychosocial and Learning Problems Group and was the Editor of the Nordic Journal of Music Therapy. I hold a music therapy degree from Vienna University of Music and Performing Arts, a PhD from Aalborg University, and a postgraduate degree in biostatistics from The Institute for Statistics Education, Arlington, VA. My research includes randomised trials and systematic reviews of psychosocial interventions in mental health, as well as process-outcome research and reviews of research methodology.

AREAS OF EXPERTISE: Randomised controlled trials, music therapy

KEY PUBLICATIONS (Max. 5):

Gold, C., Eickholt, J., Assmus, J., Stige, B., Wake, J. D., Baker, F. A., Tamplin, J., Clark, I., Lee, Y. C., Jacobsen, S. L., Ridder, H. M. O., Kreutz, G., Muthesius, D., Wosch, T., Ceccato, E., Raglio, A., Ruggeri, M., Vink, A., Zuidema, S., Odell-Miller, H., Orrell, M., Schneider, J., Kubiak, C., Romeo, R., & Geretsegger, M. (2019). Music Interventions for Dementia and Depression in ELderly care (MIDDEL): protocol and statistical analysis plan for a multinational cluster-randomised trial. *BMJ Open, 9*(3), e023436. doi: 10.1136/bmjopen-2018-023436

Baker, F. A., Tamplin, J., Clark, I. N., Lee, Y. C., Geretsegger, M., & Gold, C. (2019). Treatment fidelity in a music therapy multi-site cluster randomized controlled trial for people living with dementia: The MIDDEL project intervention fidelity protocol. *Journal of Music Therapy, 56*(2), 125-148. doi:10.1093/jmt/thy023

Fusar-Poli, L., Bieleninik, L., Brondino, N., Chen, X. J., & Gold, C. (2018). The effect of music therapy on cognitive functions in patients with dementia: a systematic review and meta-analysis. *Aging and Mental Health, 22*(9), 1097-1106. doi:10.1080/13607863.2017.1348474

Werner, J., Wosch, T., & Gold, C. (2017). Effectiveness of group music therapy versus recreational group singing for depressive symptoms of elderly nursing home residents: pragmatic trial. *Aging and Mental Health, 21*(2), 147-155. doi: 10.1080/13607863.2015.1093599

Ridder, H.-M. O., Stige, B., Qvale, L. G., & Gold, C. (2013). Individual music therapy for agitation in dementia: an exploratory randomized controlled trial. *Aging and Mental Health, 17*(6), 667-678. doi: 10.1080/13607863.2013.790926

RELEVANT RESEARCH ACTIVITY:

Please indicate for past 5 years only (i) Grants Awarded: Names of investigators; Years; Title of Project; name of awarding agency (ii) PhD and other projects: Title, start or competed date.

2020-2023	Research grant (EU Joint Programme – Neurodegenerative Disease Research, JPND, Call "Multinational research projects on Personalised Medicine for Neurodegenerative Diseases", €2.6M); PI: Christian Gold; Title: Music Interventions for Dementia and Depression in ELderly care (MIDDEL): International cluster-randomised trial

2018-2022 Research grant (Research Council of Norway, Programme “High-quality and Reliable Diagnostics, Treatment and Rehabilitation”, NOK 19M); PI: Christian Gold; Title: Longitudinal Study of music Therapy’s Effectiveness for Premature infants and their caregivers: international randomized trial (LongSTEP)

2018-2020 Research grant (National Health and Medical Research Council, Australia, Programme “Boosting Dementia Research Grants”, AUD 1M); PI: Felicity Baker; Title: Music therapy interventions for dementia: Cluster randomised control trial

2017-2021 Research grant (Research Council of Norway, Programme “Better Health and Quality of Life”, NOK 14M); PI: Stefan Koelsch; Title: Effects of music instrument lessons on brain plasticity, mood, and quality of life in Alzheimer patients (ALMUTH)

2017-2020 Research grant (Academy of Finland, EUR 0.6M); PI: Jaakko Erkkilä; Title: No Pain No Gain: Internal Mechanisms of Improvisational Integrative Music Therapy in the Treatment of Depression

2015-2018 Research grant (Research Council of Norway, Programme “Independent basic research projects - Humanities and Social Sciences”, NOK 7M); PI: Karin Mössler; Title: Shared Moments. The bodily and emotional quality of the therapeutic relationship as outcome predictor in music therapy with children on the autistic spectrum

CURRENT RESEARCH INTERESTS/ONGOING PROJECT TITLE:

Music Interventions for Dementia and Depression in ELderly care (MIDDEL): International cluster-randomised trial

HOW DO YOU INTEND TO CONTRIBUTE TO INTERDEM:

I would like to attend INTERDEM meetings and hope to contribute with my methodological expertise where this is relevant. I also intend to learn more about the field of dementia, and specifically about combining clinical evaluations of therapy effectiveness with neuroscientific investigations of intervention mechanisms.